SEC. OF STATE Michael J. Howlett and James R. Hoffa, former Teamsters president, will address the annual "Meet the Press" luncheon of the John Howard Assn. May 3 in the Sheraton-Chicago Hotel. . . . When Kate Smith appears in concert May 13 at McCormick Place, her musical conductor will be Jerry Bressler. He is a 1934 grad of Chicago's Roosevelt High School and wrote the school song, "Go Rough Riders Go."